



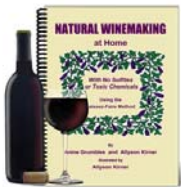
Timberland
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News Release

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October 20, 2010

Winemaker explains natural home winemaking



Make your own delicious fruit wines at home. Anine Grumbles will explain an easy natural winemaking process that uses no sulfites or toxic chemicals. The presentation will be held at the Lacey Timberland Library on Saturday, November 6 from 1 to 3 p.m. Copies of Ms Grumbles' book, *Natural Winemaking at Home*, co-written with Allyson Kirner, will be available for purchase and signing after the program..

Ms Grumbles will give an overview of the fermentation process, information about necessary equipment and supplies, and a demonstration on how to proof yeasts for best results. Grumbles experiments with making wine from fruits, edible flowers, vegetables, herbs, wild foods, grains—nearly anything that grows, from bananas to zucchini. Her Web site is www.natural-winemaking.com.

The multitalented Ms Grumbles is a Radiation Health Physicist for the Washington Department of Health's Office of Radiation Protection. An herbalist of over 30 years with a degree in nutrition, Grumbles specializes in edible wild plants. She lives in Lewis County.

The [Lacey Timberland Library](http://www.TRL.org) is at 500 College Street SE, Lacey. For more information, please call the library at (360) 491-3860 or go to www.TRL.org.

Timberland Regional Library provides for the information, reading and lifelong learning needs of the Grays Harbor, Lewis, Mason, Pacific, and Thurston county public at 27 community public libraries and 7 library service partner locations. The library system is funded mainly by local property taxes. Anyone needing special accommodations to participate in a library's program may contact the library one week in advance.