

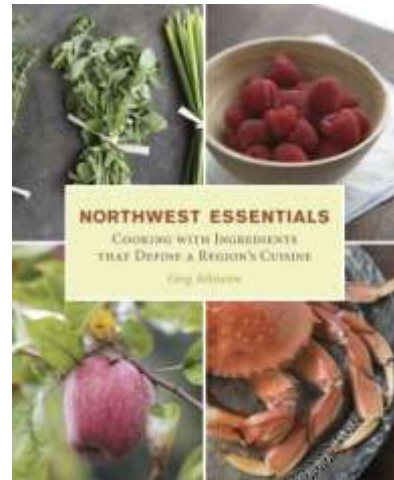
May 6, 2011

Visit with author and chef: Greg Atkinson

Greg Atkinson, chef and author of “[Northwest Essentials: Cooking with Ingredients that Define a Region's Cuisine](#),” will address the importance of local ingredients and how cooking at home connects us to family, friends and the world at large. Visit with him at the [Olympia Timberland Library](#) on Friday, May 20 from 7 to 8:30 p.m. Copies of the book will be available for purchase and signing.

Northwest Essentials emphasizes cooking with the bounty of local and regional ingredients available in the Pacific Northwest. The cookbook was originally published ten years ago. With the growing importance of eating locally and in season, the book has been reissued and now includes over 40 photographs of the fruits, seafood, mushrooms, lentils, and hazelnuts of the region. The recipes focus on simplicity and accessibility.

Atkinson is the author of several western regional cookbooks. The books all include essays and personal stories as well as recipes. Atkinson won the James Beard Award and the M.F.K. Fisher Distinguished writing award in 2000. He lives in Bainbridge Island.



This presentation is sponsored by the Friends of the Olympia Timberland Library. The library is located at 313 8th Avenue. For more information, call the library at (360) 352-0595 or go to www.TRL.org.

Timberland Regional Library provides for the information, reading and lifelong learning needs of the Grays Harbor, Lewis, Mason, Pacific, and Thurston county public at 27 community public libraries and 7 library service partner locations. The district is funded mainly by local property taxes. Anyone needing special accommodations to participate in a library's program may contact the library one week in advance.