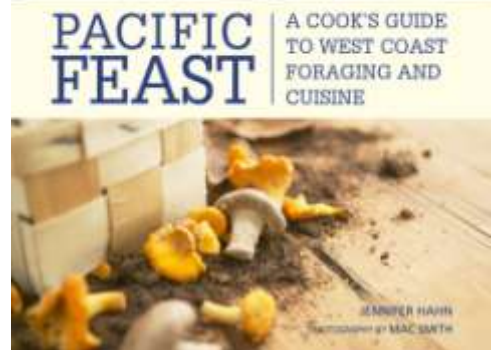


September 15, 2011

## Foraging guide Jennifer Hahn reveals Pacific Coast bounty

Discover 50 delicious wild foods that thrive along the Pacific Coast. Kayaking and foraging guide Jennifer Hahn discusses how to sustainably harvest and prepare wild and weedy greens, trees, ferns, berries, flowers, mushrooms, seaweed and shellfish at the [Olympia Timberland Library](#) on Thursday, September 22 from 7:30 to 8:45 p.m.

Hahn will show slides based on her new book "[Pacific Feast: A Cook's Guide to West Coast Foraging and Cuisine](#)," featuring stories and field notes along with more than 60 recipes from well-known Pacific Coast chefs. The book conveys a strong conservation and sustainability message and Mac Smith's lush photographs aid in identifying edible wild foods. Books will be available for purchase and signing.



Ms. Hahn is an Adjunct Professor at Western Washington University in Bellingham. With more than 25 years of wilderness travel under her boots and kayak hull, she guides kayak and foraging trips in Alaska and Washington. Her first book, the award-winning "Spirited Waters: Soloing South through the Inside Passage," describes her solo kayak journey from Alaska to Bellingham.

This event is presented in cooperation with Sustainable South Sound's South Puget Sound Food Summit happening in October (website: [www.sustainablesouthsound.org](http://www.sustainablesouthsound.org)).

The Olympia Timberland Library is located at 313 8th Avenue SE. For more information, please call 352-0595 or go to [www.TRL.org](http://www.TRL.org).