



Timberland
Regional
Library

News Release

(360)943-5001 - Fax (360)586-6838 - www.trlib.org - 415 Tumwater Blvd SW - Tumwater, WA 98501

Timberland Regional Library; Website: www.TRL.org; Information: 704-4636 in Olympia area, or 1-800-562-6022.

FOR IMMEDIATE RELEASE

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Media Contact: Leanne Ingle, Communications Specialist, (360) 704-4508.

Authors bring warmth of the kitchen to two early autumn library programs

Thoughts return to the warmth of our kitchens in the fall. Two Seattle authors who share a passion for food and cooking will discuss their books at the [Olympia Timberland Library](http://www.TRL.org) in the first days of autumn.

Amy Pennington will discuss her book, *Urban Pantry: Tips & Recipes for a Thrifty, Sustainable & Seasonal Kitchen*, on Wednesday, September 22 from 7:15 to 8:30 p.m. Pennington will discuss her methods for stocking and maintaining a modern urban kitchen and share practical ways to create a full pantry of delicious foods by keeping essential ingredients on hand.

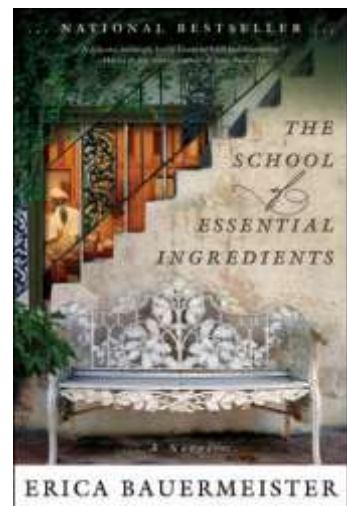
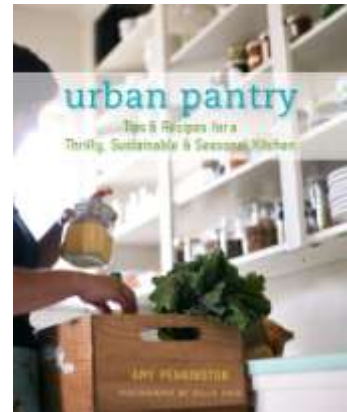
Urban Pantry encourages a sense of play in cooking and freedom in the kitchen. It offers recession-proof tips on using local ingredients, eliminating wasteful kitchen practices, making the most out of the food you buy or grow, and gardening in tiny spaces for urban home owners and apartment dwellers. The book includes photographs and over 60 creative recipes. It will be available for purchase and signing.

Pennington is an organic gardener, a freelance food writer and a weekly contributor to KIRO radio's In the Kitchen with Tom & Thierry.

Join writer and passionate cook Erica Bauermeister for a reading from her debut novel, *The School of Essential Ingredients*, on Saturday, September 25 from 7 to 8:30 p.m.

The novel tells the stories of eight women and men at different stages in life who gather for a cooking class taught by Lillian, a restaurant owner and chef with magical gifts for both food and friendship. It soon becomes clear that each student comes seeking a recipe for something beyond the kitchen. Over the course of the seasons, Lillian and her dishes wake up her students' taste buds and reawaken them to their own lives. The book will be available for purchase and signing.

Bauermeister developed a love of slow food and slow life during her two years living in northern Italy. She holds a Ph.D. from the University of Washington, where she has taught literature and writing. She is the co-author of two reader's guides. Her Web site is www.ericbauermeister.com.



Both events will be held after-hours; no regular library services will be available. The Olympia
Timberland Library is at 313 8th Avenue. For more information, call 352-0595 or go to www.TRL.org.

Timberland Regional Library provides for the information, reading and lifelong learning needs of the Grays Harbor, Lewis, Mason, Pacific, and Thurston county public at 27 community public libraries and 7 library service partner locations. The library system is funded mainly by local property taxes. Anyone needing special accommodations to participate in a library's program may contact the library one week in advance.