



Timberland
Regional
Library

News Release

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February 17, 2010

Eldercare in Thurston County

Panel discusses issues and resources for seniors and their caregivers

The Tumwater Timberland Library will host a panel discussion and question-and-answer session on resources and organizations available to seniors and their caregivers in the Thurston County area. The event will be on Tuesday, February 23 at 5:30 p.m.

The panel will include Dan Smerken, geriatric counselor; Christene Adams, administrator at the Hampton Alzheimer's Special Care Center; Carol Shawver, Olympics West; Eileen McKenzie Sullivan, Senior Services for South Sound; Bruce Bamford, Senior Action Network; June Moore, Area Agency on Aging.

The initial questions to the panel will summarize those that people who are navigating the issues, facts and forms of eldercare regularly ask librarians at the reference desk:

- What are the options for seniors who are looking to organize their future care beforehand?
- What are the first/most important steps to take when beginning to plan eldercare?
- What are the resources within the Thurston county area that can help with these decisions?
- For adult children, what is the best way to assist parents in the planning and implementation of eldercare?
- Are there resources in the area that offer support for caregivers?

Books and other library materials will be available for people to check out.

The program is sponsored by the Friends of the Tumwater Timberland Library. The library is located at 7023 New Market Street, Tumwater. For more information, call (360) 943-7790.

Timberland Regional Library provides for the information, reading and lifelong learning needs of the Grays Harbor, Lewis, Mason, Pacific, and Thurston county public at 27 community public libraries and 7 library service partner locations. The library system is funded mainly by local property taxes. Anyone needing special accommodations to participate in a library's program may contact the library one week in advance.