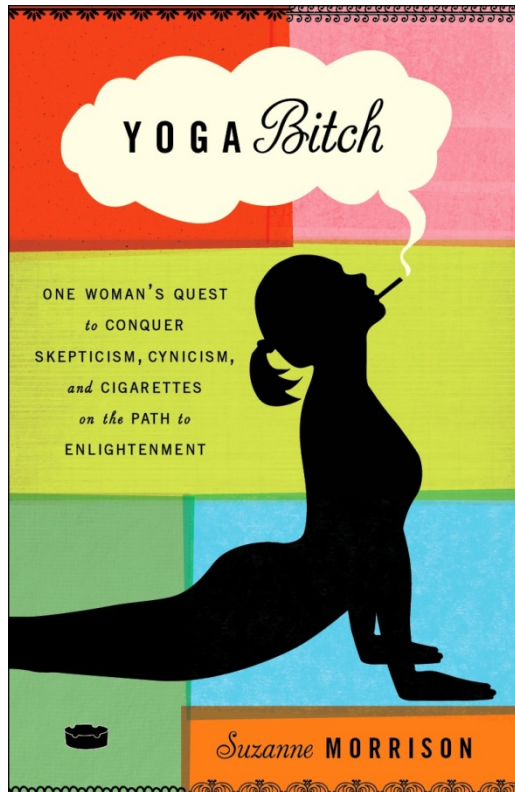


October 5, 2011

Suzanne Morrison shares witty memoir “Yoga Bitch”



When she turned twenty-five, a month after 9/11, Suzanne Morrison began having panic attacks about dying and decided it was time to get some spiritual perspective on life. Inspired by her yoga teacher, she headed to Bali for a two-month intensive yoga-teacher-training program. All was not serene sailing.

Morrison will read from her hilarious, insightful and candid memoir, “[Yoga Bitch: One Woman's Quest to Conquer Skepticism, Cynicism, and Cigarettes on the Path to Enlightenment](#),” at the Olympia Timberland Library on Wednesday, October 19 from 7:30 to 8:45 p.m. Copies of the book will be available for purchase.

Morrison is a writer and an award-winning solo performer living in Seattle. *Yoga Bitch*, her first book, began as a long-running one-woman show of the same title. She is currently writing short fiction and at work on a new show, *Optimism*, about Ted Bundy and the allure of family lore. More information is at <http://suzannemorrison.blogspot.com/> and <http://suzanne-morrison.com/>

The [Olympia Timberland Library](#) is at 313 8th Avenue SE, Olympia. For more information, please contact the library at (360) 352-0595 or go to www.TRL.org.