A Literacy Adventure about... Doctors and Dentists!

Books about Doctors & Dentists on Timberland Regional Library shelves:

- **ABC Dentist**
  By Harriet Ziefert

- **ABC Doctor**
  By Liz Murphy

- **Does a Hippo Go to the Doctor?**
  By Harriet Ziefert

- **Felix Feels Better**
  By Rosemary Wells

- **First Visit to the Dentist**
  By Monica Hughes

- **Freddie Visits the Dentist**
  By Nicola Smee

- **Going to the Doctor**
  By Cindy A. Bailey

- **I'm Getting a Checkup**
  By Marilyn Singer

- **My First Trip to the Dentist**
  By Katie Kawa

*Books selected by a Timberland Regional Library Youth Services specialist*
Turn visits to the Doctor into fun adventures
(or at least try)!

⇒ Have your child make a self-portrait for the doctor and label it with your child’s name and a short message
⇒ Talk about a “stethoscope.” Practice saying the word together and explain how it listens to a heart beat
⇒ Ask “What If?” questions.
  What if everybody looked just the same?
  What if the sun never went down?
  What if dogs could talk?
  Etc.
⇒ Count how many different colors you see in the waiting room
⇒ Describe objects in the waiting room by their color and size and see if your child can identify what they are
⇒ Take along some colorful crayons or markers and some paper. Have your child draw their feelings – ask how they feel and let them put whatever they like on the paper
⇒ Take along some pipe cleaners and have your child create some creatures. Name them and talk about what they eat and where they might live
⇒ Check out a talking book – either download it, or check it out on CD - and let your child listen to it on a portable device with earphones while you are waiting
⇒ Read books together while you wait

Tips provided by Pierce County Library